

PNU 190 Nursing Concepts

This course introduces the Practical Nursing student to the profession of nursing and the role of the LPN. Trends in nursing practice and the health care delivery system will be discussed. The integration of self-care and critical thinking principles into the nursing process will be a key focus. Fundamental nursing concepts and practices for health promotion, including communication, client teaching, assessment, nutritional support, and general pharmacological and safety principles, will be presented. Students will practice and demonstrate beginning proficiency in selected skills, including the calculation of drug dosages, measurement of vital signs, hygienic care, application of standard precautions, and the use of medical terminology. Pre-requisites: All Developmental Course Work, GPA 2.5. Corequisites: ENG101 or ENG 112, BIO 102 or BIO 106, PSY 101. 60 lecture hours and 45 clinical lab hours. 5 credit hours (4 theory, 1 clinical lab).

PNU 191 Adult Health I

In this course, the student will continue to use the nursing process, within the self-care framework, to assist adult clients in meeting their physiological and psychosocial self-care requisites in the long term and acute care setting. Emphasis will be placed on client assessment and an understanding of the commonly occurring and chronic conditions that alter an individual's state of wellness. Care of clients pre- and postoperatively, and those experiencing fluid and electrolyte imbalances, infectious diseases, and selected cardiovascular, respiratory, musculoskeletal, and endocrine deviations will be discussed. Principles of critical thinking and therapeutic communication will be integrated throughout the course. Content that is presented in the classroom will be reinforced with clinical experiences in the skills laboratory and client care settings where students will apply basic nursing principles and techniques. Pre-requisites: **PNU 190**, ENG 101 or 112, BIO 102, PSY 101, GPA 2.5. Co-requisite: Elective. 105 lecture hours and 135 clinical lab hours. 10 credit hours (7 theory, 3 clinical lab).

PNU 210 Maternal/Child, Pediatric, and Mental Health Nursing

The focus of this course is the role of the Practical Nurse as a member of a multidisciplinary health team caring for clients and their families in obstetrical, pediatric, and mental health settings. Knowledge and skills are developed that will assist clients to attain self-care requisites, including therapeutic communication, application of growth and development principles, and incorporation of legal and ethical guidelines. Health promotion, maintenance, and restoration are emphasized in clinical experiences with clients and their families. Economic and sociocultural issues that influence the client and family will be discussed. The student will continue to use the nursing process within the self-care framework in providing care to clients during clinical experiences in inpatient and/or ambulatory obstetric, pediatric, and mental health settings. Prerequisites: **PNU 191**, Elective, GPA 2.5. Corequisite: PSY 205. 90 lecture hours and 135 clinical lab hours. 9 credit

hours (6 theory, 3 clinical lab).

PNU 211 Adult Health II & Role Transition

In this course the student focuses on meeting the holistic self-care needs of the adult client in the acute care setting. In collaboration with the clinical instructor and RN health team member, the student will be given the opportunity to demonstrate use of critical thinking skills in collecting subjective and objective information, prioritizing care, intervening in meeting client basic care needs, evaluating outcomes of care, and reporting and recording care. Concepts introduced in previous nursing courses are expanded and integrated into clinical and theory experiences. Emphasis in theory will be placed on more complex acute medical-surgical health deviations, the assessment of signs and symptoms and recognition of medical and nursing interventions, including medication and nutrition therapies. Critical thinking skills will continue to be an avenue for student success in test-taking and clinical performance. Concepts of role transition and accountability will be discussed, as well as skills required for obtaining employment in a health care agency. Content reviews, focused testing, and a clinical practicum will assist the student to prepare for the NCLEX – PN Licensure Examination and the assumption of a position as a Licensed Practical Nurse. Pre requisites: PNU 210, PSY 205, GPA 2.5. 120 lecture hours 180 clinical lab hours. 12 credit hours (8 theory, 4 clinical lab).