





SEE SOMETHING

Recognize the indicators of distress to determine how to best assist students in need of support.

SAY SOMETHING

Say something when you recognize a concern.
Community members are essential in identifying students of concern, responding with compassion and directing them to established networks of support.

DO SOMETHING

Students may not know where to turn for support. Use this OWL Red Folder to help refer students to the most appropriate UCNJ resource.



RESPONSE PROTOCOL

Is this student a danger to themselves (including expressing thoughts of suicide) or a danger to others?







YES

The student has expressed suicidal ideation and/or is exhibiting conduct that is clearly dangerous, reckless (safety risk indicators) and is suggestive of harm to self or others.

ACTION:

Contact the Department of Public Safety IMMEDIATELY. You can reach them in person or via phone at:

- Cranford Campus (908) 709-7152
- Elizabeth Campus/ Kellogg Building – (908) 659-5159
- Elizabeth Campus/Lessner Building – (908) 965-6070
- Plainfield Campus (908) 412-3595
- Scotch Plains Campus (908) 222-5961
- Public Safety Emergency Line – (908) 709-0268

If you are in a life-threatening situation, contact 911.

After notifying Public Safety, follow up with a report to the CARE Team at www.ucc.edu/care

UNSURE

The student shows multiple signs of distress, but they have not expressed suicidal thoughts or an intention to harm others. It is not clear how serious the situation is but the interaction has left you feeling uneasy or potentially concerned about the student's safety and wellbeing.

ACTION:

Contact the Department of Public Safety. You can reach them in person or via phone at:

- Cranford Campus (908) 709-7152
- Elizabeth Campus/ Kellogg Building – (908) 659-5159
- Elizabeth Campus/Lessner Building – (908) 965-6070
- Plainfield Campus (908) 412-3595
- Scotch Plains Campus (908) 222-5961
- Public Safety Emergency Line – (908) 709-0268

After notifying Public Safety, follow up with a report to the CARE Team at www.ucc.edu/care

NO

I am not concerned about the student's imminent safety, but they have significant academic or personal concerns (physical & psychological indicators) and could use additional support.

ACTION:

Submit a report to the CARE Team at www.ucc.edu/care

SIGNS OF DISTRESS



ACADEMIC INDICATORS

- Significant decline in grades or performance
- Repeated absences
- Disturbing content in writing or presentations
- Classroom disruptions
- Doesn't respond to repeated requests for contact/meetings



PHYSICAL INDICATORS

- Deteriorating hygiene
- Rapid speech or manic behavior
- Excessive fatigue or irritability
- Out of touch with reality



PSYCHOLOGICAL INDICATORS

- Disclosure of personal distress
- Panic attacks or anxiety
- Unusual/inappropriate emotional response to events
- Expressions of hopelessness



SAFETY RISK INDICATORS

- Threatening harm
- Unprovoked anger or hostility
- Communicating threats
- Assignments or communications containing themes of hopelessness, isolation or despair

MANDATORY REPORTING:

In addition to referring a student to support resources, any sexual or gender-based harassment or assault requires mandated reporting to the Title IX Coordinator. If a student makes a disclosure, you are obligated to report it.



ON CAMPUS RESOURCES



CARE TEAM

Campus Assessment, Response and Evaluation Team Visit ucc.edu/care for more information and to submit a referral



CAMPUS SAFETY • DEPARTMENT OF PUBLIC SAFETY

Cranford Campus – (908) 709-7152 Elizabeth Campus/Kellogg Building – (908) 659-5159 Elizabeth Campus/Lessner Building – (908) 965-6070 Plainfield Campus – (908) 412-3595 Scotch Plains Campus – (908) 222-5961 Public Safety Emergency Line – (908) 709-0268



SOCIAL WORK SERVICES

Social Work Services provides support for students related to basic needs and wellness.

Email: socialworkservices@ucc.edu



UNIVERSAL ACCESSIBILITY SERVICES

Universal Accessibility Services (UAS) is designed to assist students with documented disabilities.

Phone: (908) 709-7164

Email: accessibility@ucc.edu



DEAN OF STUDENTS OFFICE

The Dean of Students Office provides advocacy and support to UCNJ students and is responsible for policies such as the Code of Student Conduct.

Phone: (908) 709-7139

Email: deanofstudents@ucc.edu



Scan for more resources



TITLE IX

Title IX Coordinator: Vincent Lotano, Associate Vice President, Operations All complaints of discrimination, including those concerning Title IX, Section 504, and the ADA should be directed to the Title IX Coordinator.



UCNJ does not discriminate and prohibits discrimination, as required by state and/or federal law, in all programs and activities, including employment and access to its career and technical programs.