Socially Distanced Senior Scholars



- Art Classes
- Computers & Technology
- Fitness Courses
- Special Interest Classes



Summer 2022 www.ucc.edu/ce

Programs offered in a variety of formats - check schedule for details.

Senior Scholars

SPONSORED BY THE UNION COUNTY BOARD OF COUNTY COMMISSIONERS

This program is funded by the Union County Board of County Commissioners for Union County residents who are at least 60 years old. Early enrollment is encouraged due to limited class availability. If you do not show up for the first class, you will be dropped from the class.



Programs are offered in a variety of formats - check schedule for details.

ART • 60+

Materials list for all art classes will be provided at time of registration or emailed to students prior to class start date.

Colored Pencil Drawing (10 hrs)

Learn how to blend, shade and create vibrant colored pencil drawings of people. No prior experience needed. Purchase a 12- 24 pack of colored pencils (Prismacolor) and an 11 x 14 sketchpad for the first class.

AEAS 008 Sec 030E Scotch Plains M, 6/20 - 7/25 11:30 am - 1:30 pm (no class 7/4)



Wildlife and Landscapes Using Colored Pencils (8 hrs)

Learn how to use colored pencils to create vivid wildlife or landscape drawings. Purchase a 12- 24 pack of colored pencils (Prismacolor) and an 11 x 14 sketchpad for the first class.

AEAS 018 Sec 010E Scotch Plains W, 6/22 - 7/27 11:30 am - 1:30 pm

COMPUTERS/ TECHNOLOGY

All computer courses offered Remote Live through Canvas.

Windows 10, Office 365 and One Drive (8 hrs)

AECS A15 Sec 040E Remote Live T, Th, 6/21 - 6/23 11 am - 1 pm and 3 - 5 pm

Google Apps 1: What can you do with a Google account? (8 hrs)

One login gives you access to powerful free apps like Gmail, Google Drive, and Google Calendar for your computer, tablet or smartphone. Join us as we explore the root applications that allow us to communicate, save and store files and manage our time.

AECS 080 Sec 020E Remote Live T, Th, 6/28 - 6/30 11 am - 1 pm and 3 - 5 pm

Google Apps 2: What else can you do with a Google Account? (8 hrs)

Your Google account gives you access to hundreds of other apps designed to keeps you organized and in-touch. In this class we will explore Google Photos, PhotoScan, Voice, and more for computer, tablet and smartphone users.

AECS 090 Sec 020E Remote Live T, Th, 7/12 - 7/14 11 am - 1 pm and 3 - 5 pm



Photo Archiving (8 hrs)

Are your precious family photos sitting in a box, fading, and collecting dust? Do you have a flatbed scanner or a smart phone? Learn how to create electronic versions of your photos, where to store and how to share them.

AECS 091 Sec 030E Remote Live T, Th, 7/26 - 7/28 11 am - 1 pm and 3 - 5 pm

Spreadsheet Essentials (8 hrs)

Everyone should know how to create a simple spreadsheet in Excel or Google Sheets. Spreadsheets are a great tool for managing home or business finances, calculating, analyzing, and sorting data. Learn the basics and some time-saving tips and tricks.

AECS 050 Sec 030E Remote Live T, Th, 8/2 - 8/4 11 am - 1 pm and 3 - 5 pm

Staying Safe in Cyberspace (8 hrs)

Is it okay to bank online? Are your passwords hackable? How about those social media surveys? The rate of technology updates can be at best, confusing – and at worst, costly. Register for this class if you want to learn tips and tricks for staying safe in cyberspace.

AECS 070 Sec 030E Remote Live T, Th, 8/9 - 8/11 11 am - 1 pm and 3 - 5 pm

Social Media (9 hrs)

AECS 005 Sec 070E Remote Live T, Th, 7/19 - 7/21 10:30 am - 1 pm and 3 - 5 pm

FITNESS CLASSES

Chair/Barre (8 hrs)

AEES 536 Sec 010E T, Th, 6/28 - 7/28 9 - 10 am Remote Live

Yoga (12 hrs)

AEES 080 Sec 010E M, 6/20 - 7/25 9 - 10 am (no class 7/4) Scotch Plains

Senior Scholars

Zumba[®] (8 hrs)

Zumba [®] is for everybody! Zumba[®] is a Latin-inspired dance fitness program that is designed to mix a few high and low-intensity movements for a calorie-burning dance party! It is a total body workout focusing on cardio, strength, muscle toning, coordination, balance and range of motion all while lifting spirits with some fun easy-to-follow dance moves and music! No prior dance experience is required. All levels welcomed.

AEES 531 Sec 030E W, 7/6 - 7/27 9 - 10 am

Scotch Plains

SPECIAL INTEREST

The Writer Within: Creative Writing (12 hrs)

Have a story to tell? This workshop will help you develop your story, characters and plot into a cohesive work. Learn how to develop an outline, as well as information about self-publishing. Come prepared to write and share your work and turn vour ideas into a finished project.

AEVS 089 Sec 043E Scotch Plains W, 6/22 - 7/27 1:30 - 3:30 pm

Writer Within: Write Your Memoirs (10 hrs)

If you have a story to tell, about yourself, part of your life, an experience you want to share, this course will help you take those ideas and put them into a finished story. Come prepared to write and share as you work towards finishing your own personal project.

AEVS 067 Sec 050E Scotch Plains M, 6/20 - 7/25 1:30 - 3:30 pm (no class 7/4)



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NEW! American Literature – **The Early Days**

This class will delve into the stories, poetry, and essays of such luminaries as Nathanial Hawthorne, Walt Whitman, Emily Dickinson, Henry David Thoreau and others. How did their ideas help shape America from 1840-1870? How did the country attain a national maturity and how did America transition? How do their ideas resonate with 21st century readers? Students will be provided with materials for the course.

AEVS 094 Sec 020E Scotch Plains T, 6/7 - 6/28 11:30 am - 1:30 pm

NEW! A Sampling of Holocaust Literature

To study Holocaust literature is to enter a world of cruelty, and somber tales. But juxtaposed against this are the tales of resistance and heroism in the face of insurmountable odds. This class will study and analyze stories, essays, and poetry that deal with this incredible period. The class will deal with the importance of memory and identity and the harrowing ethical decisions that people made

in order to survive. We will cover an array of authors, i.e., Sara Nomberg-Przytyk; Marie Syrkin as well as Hasidic tales of the Holocaust, to name only a few.

Students will be provided with the materials for this course.

AFVS 095 Sec 020F Scotch Plains T, 6/7 - 6/28 2:00 - 4:00 pm

Exploring Russia: Mountains, **Mammoths and** Mongols (4.5 hrs)

Join us as we explore the immense lands of Russia and the Former Soviet Union through a combined geographical and historical approach. Encounter mountains, tundra, and the Great Ice Age. Examine Russia's beginnings through early Viking settlements, the legacy of Peter the Great, and Russian Alaska. Investigate post-Soviet Russia and the demographic, geographic, and ethnic challenges it faces. We will also focus on Russia as a major petroleum exporter and the geopolitical issues surrounding this role, particularly in reference to the present crisis in Ukraine.

AEVS 096 Sec 010E Remote Live W, 7/27 - 8/10 10:30 am - 12:00 pm

In person classes will be held on the **Scotch Plains Campus at** 1776 Raritan Road, **Scotch Plains, NJ**

Senior Scholars courses are free to Union County residents 60 years of age or older.

Enrollment is easy!

We are pleased to announce EASY selfenrollment is now available through our new registration platform. If you are interested in registering:

> **Click Here to Enroll Today!**