

# Socially Distanced Senior Scholars

**REGISTER  
EARLY!**

.....  
Senior Scholars  
classes fill  
quickly!

- Art Classes
- Computers & Technology
- Fitness Courses
- Special Interest Classes



**U** **UNION  
COUNTY  
COLLEGE**

Transforming  
Our Community...  
One Student  
at a Time

**Fall 2021**  
*[www.ucc.edu/ce](http://www.ucc.edu/ce)*

*Programs offered in a variety of formats - check schedule for details.*

# Senior Scholars

## SPONSORED BY THE UNION COUNTY BOARD OF COUNTY COMMISSIONERS

This program is funded by the Union County Board of County Commissioners for Union County residents who are at least 60 years old. Early enrollment is encouraged due to limited class availability. If you do not show up for the first class, you will be dropped from the class. To provide more people the opportunity to take advantage of this program, registration is limited to four courses per person until October 15.



### ART • 60+

Materials list for all art classes will be emailed to students one week prior to the class. Please bring all art supplies to class each week.

### Beginner Drawing (12 hrs)

Drawing is a skill based on eye-hand coordination and the basis for all art. An interest in art, not talent, is the most important tool for learning. Fundamentals including contour line, shape, shading and perspective will all be addressed while working from life. Students will receive individual attention based on their level. Bring a 5B pencil, eraser and newsprint pad to the first class.

AEAS 001 Sec 030E Cranford  
M, 9/20 - 10/25  
9:30 - 11:30 am

### Intermediate Drawing (12 hrs)

This class is designed for those with past drawing experience who would like to expand or refresh their drawing skills. Demonstrations, discussions and critiques will focus on refining values, composition, perspective and edge quality. A variety of subject matter will be utilized to inspire each student to discover their unique drawing style and interests. Students will work at their own level and will be encouraged to initiate their own personal drawing projects by the conclusion of the course. Bring a newsprint pad, eraser and 5B pencil to the first class.

AEAS 003 Sec 030E Cranford  
M, 11/1 - 12/13  
9:30 - 11:30 am  
(no class 11/22)

### Pastel Beginner (12 hrs)

Enjoy the pure, vibrant color of soft pastel. Explore techniques such as layered color mixing, mark making techniques and deciding when and how to blend color. Gain a solid foundation of composition, color and values through a variety of subject matter. Each student will be encouraged to discover their own unique, artistic voice in a supportive and creative atmosphere. Background in drawing preferred.

AEAS 007 Sec 010E Cranford  
M, 9/20 - 10/25  
12:30 - 2:30 pm

### Intermediate Pastels (12 hrs)

Take your pastels to the next level! This class will include weekly demonstrations, discussion and critiques focusing on nuanced, layered color mixing, creating an expanded range of mark making and blending techniques as well as developing compelling and creative compositions. Subject matter including still life and portraiture will be explored in this class. Students will be encouraged to initiate their own personal projects by the conclusion of the course. Previous experience in both drawing and pastel are preferred. Bring a newsprint pad and pastels to the first class.

AEAS B07 Sec 020E Cranford  
M, 11/1 - 12/13  
12:30 - 2:30 pm  
(no class 11/22)

### COMPUTERS/ TECHNOLOGY

### Windows 10, Office 365 and One Drive (8 hrs)

AECS A15 Sec 010E Remote Live  
T, Th, 10/5 - 10/7  
11 am - 1 pm and 3 - 5 pm

### Google Apps 1: What can you do with a Google account? (8 hrs)

One login gives you access to powerful free apps like Gmail, Google Drive, and Google Calendar for your computer, tablet or smartphone. Join us as we explore the root applications that allow us to communicate, save and store files and manage our time.

AECS 080 Sec 070E Remote Live  
T, Th, 10/19 - 10/21  
11 am - 1 pm and 3 - 5 pm

Senior Scholars courses are free to Union County residents 60 years of age or older.

### Enrollment is easy!

We are pleased to announce EASY self-enrollment is now available through our new registration platform.

If you are interested in registering:

[Click Here to Enroll Today!](#)

## Google Apps 2: What else can you do with a Google Account? (8 hrs)

Your Google account gives you access to hundreds of other apps designed to keep you organized and in-touch. In this class we will explore Google Photos, PhotoScan, Voice, and more for computer, tablet and smartphone users.

AECS 090 Sec 080E Remote Live  
T, Th, 10/26 - 10/28  
11 am - 1 pm and 3 - 5 pm



## NEW! Spreadsheet Essentials (8 hrs)

Everyone should know how to create a simple spreadsheet in Excel or Google Sheets. Spreadsheets are a great tool for managing home or business finances, calculating, analyzing, and sorting data. Learn the basics and some time-saving tips and tricks.

AECS 050 Sec 010E Remote Live  
T, Th, 11/2 - 11/4  
11 am - 1 pm and 3 - 5 pm

## NEW! Staying Safe in Cyberspace (8 hrs)

Is it okay to bank online? Are your passwords hackable? How about those social media surveys? The rate of technology updates can be at best, confusing – and at worst, costly. Register for this class if you want to learn tips and tricks for staying safe in cyberspace.

AECS 070 Sec 010E Remote Live  
T, Th, 11/16 - 11/18  
11 am - 1 pm and 3 - 5 pm



**MOST CLASSES OFFERED  
THROUGH REMOTE INSTRUCTION  
CHECK SCHEDULE FOR DETAILS**

## NEW! Photo Archiving (8 hrs)

Are your precious family photos sitting in a box, fading, and collecting dust? Do you have a flatbed scanner or a smart phone? Learn how to create electronic versions of your photos, where to store and how to share them.

AECS 091 Sec 010 Remote Live  
T, Th, 12/7 - 12/9  
11 am - 1 pm and 3 - 5 pm

**Click Here to  
Enroll Today!**

## Social Media (9 hrs)

AECS 005 Sec 040E Remote Live  
T, Th, 11/30 - 12/2  
10:30 am - 1 pm and 3 - 5 pm

## DANCE

## Zumba (12 hrs)

AEES 531 Sec 010E Remote Live  
W, 9/22 - 12/15  
9 - 10 am  
(no class 11/24)

## FITNESS

## Chair/Barre (12 hrs)

AEES 536 Sec 070E Remote Live  
M, W, 10/18 - 12/1/2021  
12 - 1 pm  
(no class 11/22 and 11/24)

## Tai Chi (20 hrs)

AEES 091 Sec 010E Remote Live  
T, Th, 10/12 - 12/9  
10 - 11:15 am  
(no class 11/23 and 11/25)

## Yoga (20 hrs)

AEES 080 Sec 070E Remote Live  
M, F, 9/27 - 12/10  
9 - 10 am  
(no class 11/22 and 11/26)

## SPECIAL INTEREST

## Conversational Spanish I (15 hrs)

AECS 010 Sec 060E Remote Live  
Th, 9/23 - 10/28  
10:00 am - 12:30 pm

## Conversational Spanish II (15 hrs)

AECS B10 Sec 060E Remote Live  
Th, 11/4 - 12/16  
10:00 am - 12:30 pm  
(no class 11/25)

## Knit & Crochet for Beginner and Beyond (15 hrs)

AEAS 020 Sec 010E Remote Live  
T, 9/28 - 12/7, 10:30 am - 12:00 pm  
(no class 11/23)

## The Writer Within: Being a Writer (12 hrs)

Whether you are writing a memoir, short story, or tackling a novel, this course will help you develop your writing skills, as you work towards completing, or beginning, your project. Come prepared to write, share, and receive constructive feedback throughout the course.

AEVS 091 Sec 010E Remote Live  
F, 10/1 - 11/19  
11:30 am - 1:00 pm

## Eating for an Active, Healthy Lifestyle

Let's get rid of the term "diet" and instead embrace nourishing our bodies for a healthy, sustainable lifestyle! What should your plate look like? How many servings should you get in of each food group? Are you allowed to "treat" yourself and still stay on track? Nutrition can be confusing! Did you know we are faced with up to 200 food-related decisions a day? This introduction to nutrition course will help you navigate the real world as we fuel our bodies to be energized throughout the day, talk about hydration, unfold behaviors and set goals, learn how to read food labels, understand portion sizes, plan out meals, and more!

AEFS 537 Sec 030E  
W, 10/13 - 12/8  
10 - 11 am  
(no class 11/24)